



Irish Patients' Association

Email Info@irishpatients.ie



Pact for
Patient Safety

We believe that each person must take responsibility and play their part in preparing for the very likely spread of Covid-19 (see official links to information sources)

Until there are officially endorsed checklists, please use this check list as a starting point, sit down for a few minutes work through it, discuss with family, friends or an elderly neighbour.

If you have suggestions to improve this please email us

Check List form

Communications Details

Doctors contact

Consultants Contacts

Care Plan Available

Pharmacy

Family

Neighbour's

Carers

If alone set up Routine Contacts

E.g. daily call at 9am 9pm

Support Groups

<https://www.hse.ie/eng/links/links-by-topic/citizens-information/>

List emergency Numbers

Know your Eircode

<https://finder.eircode.ie/#/>

Prescription Medicines Self or Family

Check When next due

Arrange Collection

Sterile Gloves

Non-prescription Medicines

Pain / Temperature Relieve

The Irish Patients Association is the trading name for Protecting Irish Patients CLG

Feminine Supplies

Thermometer

Hygiene

Cleaning Equipment

Laundry Plan

Sanitising Plan

Hand Gloves

Fuel

Basic Food Supplies

Food supplies for Pets

Personal

Phone Charger

Will Made

Advanced Care Directives ?

https://www.citizensinformation.ie/en/health/legal_matters_and_health/advance_care_directives.html

Exercise Plan